

PROGRAMAS EN ESPAÑOL

MARIACHI PARA MAMÁ

TODAS LAS EDADES

Únanse a nosotros a celebrar a las madres en su día. Los niños podrán hacerles un regalo a sus mamás y después tendremos serenata con el Mariachi Lira cortesía de La Bamba Radio. Las primeras 50 madres recibirán una rosa por venir a la celebración y habrá rifas cortesía de LULAC.

Centro Nordlof / Teatro J.R. Sullivan
Miércoles: 10 de mayo, 6:00 - 8:00 p.m.

PROGRAMA DE AUTOESTIMA PARA LA MUJER

A PARTIR DE 18 AÑOS

El programa de autoestima para la mujer consiste de 9 semanas. Trataremos temas que ayuden a la mujer a entender sus diferentes roles, a conocerse más, y a descubrir su potencial para desarrollar mejor su autoestima. Los temas son: Valórate a ti misma, encontrando balance, manejo de emociones, etc.

Montague Branch / Sala Connie Lane Room
Jueves: 4 de mayo - 29 de junio
6:00 - 7:30 p.m.

TARDE DE CUENTOS

EDADES DE 2 - 10 AOS

Acompañenos a nuestra Tarde de Cuentos que es interactiva y divertida. Cada semana leeremos historias interesantes y haremos una manualidad para llevar a casa. Traiga su oso de peluche u otro amigo; pijamas opcional.

Montague Branch / Salón de Clase
Jueves: 1 - 29 de junio, 6:00 - 7:00 p.m.

MES DEL ORGULLO: HORA DE CUENTO DE FAMILIAS DIVERSAS

EDADES DE 2 - 10 AÑOS

Las familias vienen en diferentes formas y tamaños. Si tienen una mamá y un papá, dos mamás o dos papás, hermanos adoptados, una familia grande o pequeña - no importa qué clase de familia tengan, cada familia es única en su propia manera. Ayúdenos a celebrar El Mes Del Orgullo en Su Biblioteca asistiendo a esta hora del cuento que fomenta la aceptación y la comprensión de la formación de familias que se ven hoy en día en nuestra comunidad.

Montague Branch / Salón de Clase
Jueves: 1 de junio, 6:00 - 7:00 p.m.

AYUDA CON SU TELÉFONO INTELIGENTE

A PARTIR DE 13 AÑOS

¿Tiene usted un nuevo teléfono inteligente que lo hace sentir un poco inepto e intimidado? ¿Necesita aprender a hacer llamadas, crear textos, añadir contactos, tomar y compartir fotos, o simplemente tiene preguntas acerca de su teléfono inteligente? Traiga sus preguntas con usted y le ayudaremos. Traiga su teléfono inteligente, cordones, y contraseñas. Traiga sus contraseñas!

Montague Branch / Sala Connie Lane Room
viernes: 9 de junio, 12:30 - 2:00 p.m.

JUEVES DE CUENTO

EDADES DE 2 - 10 AÑOS

Vengan cada jueves a escuchar nuestros cuentos y al terminar haremos una manualidad muy divertida y diferente. ¡No se lo pierdan!

Rock River Branch / Salón de Programas
Jueves: 18 de mayo - 29 de junio
4:30 - 5:30 p.m.

ITARDE DE JUEGOS!

TODAS LAS EDADES

Vengan a la tarde de juegos para toda la familia en la cual tendremos juegos de mesa para que todos pasemos una tarde muy divertida y sin aparatos electrónicos en la biblioteca. ¡No falten!

Rock River Branch / Salón de Programas
Jueves: 25 de mayo, 22 de junio, 5:45 - 6:45 p.m.

MES DEL ORGULLO: HORA DE CUENTO DE FAMILIAS DIVERSAS

EDADES DE 2 - 10 AÑOS

Las familias vienen en diferentes formas y tamaños. Si tienen una mamá y un papá, dos mamás o dos papás, hermanos adoptados, una familia grande o pequeña - no importa qué clase de familia tengan, cada familia es única en su propia manera. Ayúdenos a celebrar El Mes Del Orgullo en Su Biblioteca asistiendo a esta hora del cuento que fomenta la aceptación y la comprensión de la formación de familias que se ven hoy en día en nuestra comunidad.

Rock River Branch / Salón de Programas
Jueves: 22 de junio, 4:30 - 5:30 p.m.

ADULT PROGRAMS

MONTAGUE BRANCH

COLORING THERAPY FOR ADULTS

AGES 18 & OVER Connie Lane Room

Join us for an afternoon of coloring and relaxation. Attendees are encouraged to bring their own supplies but supplies will also be provided.

Thursday: June 15, 12:30 - 2:00 p.m.

ROCK RIVER BRANCH

ADULT COLORING!

AGES 18 & OVER Program Room

Coloring is the number one relaxation hobby for grown-ups, and it's a recommended mental health therapy activity. Come in and relax in your library by coloring!

Fridays: May 5, June 2, 11:30 - 1:30 p.m.

ROCKTON CENTRE

KNITTING GROUP

AGES 18 & OVER Program Room

Join this friendly group of welcoming knitters to knit alongside others who are happy to discuss and share techniques and help each other out with knitting projects.

Tuesdays: May 2 - June 27, 12:00 - 2:00 p.m.

Registration Required

ADULT COLORING!



AGES 18 & OVER Program Room

Coloring is the number one relaxation hobby for grown-ups, and it's a recommended mental health therapy activity. Come in and relax in your library by coloring!

Fridays: May 12, 11:30 - 1:30 p.m.

August 11, 11:30 - 1:30 p.m.

MAIN LIBRARY

SEARCH THE FOUNDATION DIRECTORY ONLINE FOR NONPROFIT GRANTS

AGES 18 & OVER 2nd Floor Computer Room

Learn how to search the Foundation Directory Online to find potential sources of grants for a non-profit organization.

Thursday: May 25, 2:00 - 3:30 p.m.

Registration Required

SEARCHING REFERENCE USA

AGES 18 & OVER Auditorium

Come see a demonstration of this database the Library offers to cardholders and learn how it can help your business or non-profit grow!

Thursday: June 29, 12:00 - 1:00 p.m.

Registration Required

EAST BRANCH

KNITTING GROUP

AGES 18 & OVER Friends Community Meeting Room

Knit alongside others who are happy to discuss and share techniques and help each other out with knitting projects.

Wednesdays: May 3 - June 28, 12:00 - 2:00 p.m.

Saturday: May 20, 11:00 - 1:00 p.m.

Registration Required

CROCHET GUILD!

AGES 16 & OVER

We are forming a chapter of the Crochet Guild of America in the Rock River Valley area and you are invited to join. All skill levels are welcome as we seek to expand our crochet skills by sharing and collaborating with each other.

Friends Community Meeting Room

Saturday: May 6, 1:30 - 4:30 p.m.

Bookworm Bakery & Cafe

Saturday: June 3, 1:30 - 4:30 p.m.

KIP: KNITTING IN PUBLIC!

AGES 16 & OVER Bookworm Bakery & Cafe

World Wide Knit in Public Day was started in 2005 by Danielle Landes as a way for knitters to come together and enjoy each other's company.

Saturday: June 10, 11:00 - 2:00 p.m.

Registration Required

SPECIAL PROGRAMS

NORDLOF CENTER

PRIDE MONTH MOVIES:

ALL AGES J.R. Sullivan Theater

Celebrate Pride Month at Rockford Public Library with these matinee screenings!



FREEHELD
Rated PG-13.
Running time: 1h 43 min.
Sunday: June 4
2:00 - 4:00 p.m.



THE DANISH GIRL
Rated R.
Running time: 1h 59 min.
Sunday: June 11
2:00 - 4:00 p.m.



DATE & SWITCH
Rated R.
Running time: 1h 31 min.
Sunday: June 18
2:00 - 4:00 p.m.

PRIDE STORYTELLING NIGHT

ALL AGES J.R. Sullivan Theater

Join us for a night of open mic storytelling sharing the lives and struggles of LGBTQ people. If you are interested in telling a 5-minute story, please contact Sarah Stumpf at sstumpf@rockfordpubliclibrary.org.

Thursday: June 29, 6:30 - 8:00 p.m.

TECHNOLOGY CLASSES

AGES 15 AND OLDER, UNLESS NOTED OTHERWISE.

BEGINNER

BEGINNING MICROSOFT EXCEL

Get help organizing and calculating data in this Excel 2013 tutorial. Please register at least 24 hours prior to class.

Nordlof Center / Computer Lab

Monday: May 22, June 19, 1:00 - 2:00 p.m.

Rock River Branch / Program Room

Thursday: June 8, 2:00 - 3:00 p.m.

Rockton Centre Branch / Program Room

Thursday: May 18, June 15, 1:00 - 2:00 p.m.

East Branch / Friends Community Meeting Room

Friday: May 12 & June 9, 2:00 - 3:00 p.m.

Registration Required

BEGINNING COMPUTER

If you are new to computers or just want to update your computer skills, this class is for you.

Nordlof Center / Computer Lab

Monday: May 15, June 12, 2:00 - 3:00 p.m.

Registration Required

MICROSOFT DIGITAL LITERACY

Features five different courses: Computer Basics; The Internet, Cloud Services, and the World Wide Web; Productivity Programs; Computer Security and Privacy; and Digital Lifestyles. Students completing the instructor-led lab will receive a Microsoft Digital Literacy Certificate.

Nordlof Center / Computer Lab

Monday: May 8, June 5, 1:00 - 2:00 p.m., 2:00 - 3:00 p.m., or 4:00 - 5:00 p.m.

Montague Branch / Classroom

Tuesday: May 23, June 20, 1:00 - 2:00 p.m., 2:00 - 3:00 p.m., or 5:00 - 6:00 p.m.

Rock River Branch / Program Room

Thursday: May 25, June 22, 1:00 - 2:00 p.m., 2:00 - 3:00 p.m., or 4:00 - 5:00 p.m.

East Branch / Friends Community Meeting Room

Friday: May 26, June 23, 1:00 - 2:00 p.m., 2:00 - 3:00 p.m., 3:00 - 4:00 p.m., or 4:00 - 5:00 p.m.

Registration Required

EXPLORING RPL WEBSITE

Learn how to navigate the RPL website. Please register at least 24 hours prior to class.

Nordlof Center / Computer Lab

Monday: May 15, June 12, 1:00 - 2:00 p.m.

Registration Required

INTERNET FOR BEGINNERS

Improve your Internet skills with this free Internet basics tutorial. Please register at least 24 hours prior to class.

Nordlof Center / Computer Lab

Monday: May 15, June 12, 4:00 - 5:00 p.m.

Montague Branch / Classroom

Tuesday: May 9, June 6, 5:00 - 6:00 p.m.

Registration Required

MOUSE TRAINING

Computer training begins with the mouse. Everything you need to know about using a mouse!

Montague Branch / Classroom

Tuesday: May 9, June 6, 1:00 - 2:00 p.m.

Registration Required

BEGINNING COMPUTERS: WINDOWS 8

If you are new to computers or just want to update your skills, this computer basics class will show you how.

Montague Branch / Classroom

Tuesday: May 9, June 6, 2:00 - 3:00 p.m.

Registration Required

BEGINNING MICROSOFT WORD

Get help producing and sharing documents, working with and editing text, and formatting.

Montague Branch / Classroom

Tuesday: May 16, June 13, 1:00 - 2:00 p.m.

East Branch / Friends Community Meeting Room

Friday: June 2, 1:00 - 2:00 p.m.

Rock River Branch / Program Room

Thursday: June 8, 1:00 - 2:00 p.m.

Registration Required

TECHNOLOGY LAB

Learn how to access over 500 online continuing education courses. Limited to Rockford Public Library cardholders.

Montague Branch / Classroom

Tuesday: May 9 - June 27, 6:00 - 8:00 p.m.

Rockton Centre Branch / Program Room

Thursday: May 18, June 1, 15, 29
6:00 - 7:30 p.m.

KINDLE FIRE HELP

AGES 13 & OVER

Bring your Kindle Fire, all your cords, and your Amazon password to this help class to get your questions answered!

East Branch / Friends Community Meeting Room

Tuesday: May 23, 1:00 - 2:30 p.m.

Registration Required

IPAD HELP

AGES 13 & OVER

Bring your iPad and all your cords with you to this drop-in class. You MUST bring your Apple ID and password!

Rockton Centre Branch / Program Room

Thursday: June 29, 1:00 - 2:00 p.m.

Registration Required

East Branch / Friends Community Meeting Room

Tuesday: June 20, 1:00 - 2:30 p.m.

Registration Required

FIREFOX BROWSER

Learn how to use the Firefox browser in this free tutorial.

Montague Branch / Classroom

Tuesday: May 30, 1:00 - 2:00 p.m.

Rockton Centre Branch / Program Room

Thursday: June 1, 1:00 - 2:00 p.m.

East Branch / Friends Community Meeting Room

Friday: May 19, 1:00 - 2:00 p.m.

Registration Required

GOOGLE CHROME

Everything you need to know to use Chrome as your web browser.

Montague Branch / Classroom

Tuesday: May 30, 2:00 - 3:00 p.m.

Rock River Branch / Program Room

Thursday: May 11, 2:00 - 3:00 p.m.

Rockton Centre Branch / Program Room

Thursday: June 1, 2:00 - 3:00 p.m.

East Branch / Friends Community Meeting Room

Friday: May 19, June 16, 2:00 - 3:00 p.m.

Registration Required

INTERNET EXPLORER

Get the help you need to navigate Internet Explorer 11 and earlier versions, including IE 8.

Montague Branch / Classroom

Tuesday: May 30, 5:00 - 6:00 p.m.

Registration Required

MICROSOFT EDGE

Learn all about the Windows 10 default browser and how to customize it for a better experience. Please register at least 24 hours prior to class.

Rockton Centre Branch / Program Room

Thursday: June 1, 4:00 - 5:00 p.m.

East Branch / Friends Community Meeting Room

Friday: May 19, June 16, 4:00 - 5:00 p.m.

Registration Required

BEGINNING MICROSOFT OUTLOOK

Learn to use Outlook email and its other functions. Please register at least 24 hours prior to class. Bring your email passwords.

Rockton Centre Branch / Program Room

Thursday: June 29, 1:00 - 2:00 p.m.

Registration Required

BEGINNING COMPUTER FOR THE ABSOLUTE BEGINNER

AGES 13 & OVER

Learn terminology, how to use the mouse and where to find more free computer learning opportunities. Spaces are limited.

Main Library / 2nd Floor Computer Room

Wednesdays: May 3, 2:00 - 4:00 p.m.

June 7, 6:00 - 8:00 p.m.

June 14, 5:00 - 8:00 p.m.

INTERNET FOR THE ABSOLUTE BEGINNER

AGES 13 & OVER

This class will teach you the basics of the Internet and keeping your computer safe and avoiding unsavory sites.

Main Library / 2nd Floor Computer Room

Wednesday: May 10, 2:00 - 5:00 p.m.

Registration Required

INTERMEDIATE

INTERMEDIATE MICROSOFT EXCEL

Get help organizing and calculating data. Please register at least 24 hours prior to class.

Nordlof Center / Computer Lab

Monday: May 22, June 19, 2:00 - 3:00 p.m.

Rockton Centre Branch / Program Room

Thursday: May 18, June 15, 2:00 - 3:00 p.m.

East Branch / Friends Community Meeting Room

Friday: May 12, June 9, 3:00 - 4:00 p.m.

Registration Required

OUTLOOK - INTERMEDIATE

Learn to use Outlook email and its other functions at home and in the workplace.



STORYTIMES

NORDLOF CENTER

STORIES IN ART

AGES 5-9 *Art Studio*

Let's read and sing about art and artists from a variety of backgrounds and with all different styles, then create our own artistic masterpieces! Wear comfortable clothes that you're not afraid to get messy.

**Tuesdays: May 16, June 20
4:00 - 5:30 p.m.**

ROCK RIVER BRANCH

FAMILY STORY HOUR

AGES 2 - 10 *Program Room*

Join us for weekly story hour where we'll celebrate a theme, read exciting stories, and make a craft to take home!

**Tuesdays: May 16, 23, June 20, 27
6:00 - 7:00 p.m.**

ROCKTON CENTRE

WIGGLES AND GIGGLES STORYTIME

AGES 2 - 5 *Program Room*

This storytime will have you leaping and laughing as we share stories, songs, fingerplays, and crafts for pre-school aged children.

**Tuesdays: May 2 - June 27
10:15 - 11:15 a.m.**

HOOT AND HOLLER STORYTIME

AGES 2 - 5 *Program Room*

We will have stories, songs, fingerplays, and crafts for preschool aged children.

**Wednesdays: May 24, June 7, 21
10:00 - 11:00 a.m.**

MAIN LIBRARY

WIGGLES AND GIGGLES STORYTIME

AGES 2 - 5 *Little Theatre*

This storytime will have you leaping and laughing as we share stories, songs, fingerplays, and crafts for pre-school aged children.

Tuesdays: May 2 - June 27, 12:15 - 1:15 p.m.

STEAM STORYTIME

AGES 5 - 9 *Little Theatre*

Explore the world around us using Science. Every week we'll read stories, sing songs, and engage in the world around us with exciting activities as we learn about Science, Technology, Engineering, Art, and Math.

Wednesdays: May 3 - June 28, 4:30 - 5:30 p.m.

SUNSET STORYTIME

ALL AGES *Little Theatre*

This evening storytime includes stories, songs, and a craft. You can even come in your pajamas!

Thursdays: May 4 - June 29, 6:30 - 7:00 p.m.

DROP IN STORYTIME

ALL AGES *Little Theatre*

Children of all ages and their caregivers are invited to join us for stories, songs, and crafts.

Fridays: May 5 - June 30, 10:30 - 11:00 a.m.

EAST BRANCH

TALES FOR TWOS AND THREES

AGES 2 - 3 *Friends Community Meeting Room*

We will read stories, sing songs, and make a simple craft each week.

Mondays: May 1 - June 26, 9:15 - 10:00 a.m.

BABES AND BOOKS

ALL AGES *Friends Community Meeting Room*

Focuses on your child's early literacy skills through songs, rhymes, and stories.

**Mondays: May 1 - June 26, 10:15 - 11:00 a.m.
or 11:15 a.m. - 12:00 p.m.**

PRESCHOOL STORYTIME

AGES 2 - 5 *Friends Community Meeting Room*

Join us to read stories, sing songs, and make a craft to take home.

**Tuesdays: May 16 - June 27
9:15 a.m. - 12:00 p.m.**

WIGGLES AND GIGGLES STORYTIME

AGES 2 - 5 *Friends Community Meeting Room*

Way, way down in your heart is some wiggling and giggling that we all need to get out! The first 15 minutes will be play period, followed by some stories, fingerplays, and crafts.

Thursdays: May 18 - June 29, 10:15 - 11:15 a.m.

MORNING STORYTIME

AGES 2 - 7 *Children's Area*

Get up out of bed! Stop by for morning storytime! Start your day at the library with some moving, talking, listening, and craft making.

Saturdays: May 20, June 10, 10:00 - 10:45 a.m.

CHILDRENS PROGRAMS

LEWIS LEMON

CRAFTY KIDS

AGES 6 - 12 *Library*

Join us for a fun afternoon and bring your creativity to make some crafty crafts!

**Wednesdays: May 3 - May 31, 4:00 - 5:00 p.m.
Wednesdays: June 7 - June 28, 3:00 - 4:00 p.m.**

READY, SET, CODE!

AGES 5 - 12 *Library*

Children will have the chance to explore the Dash and Dot robots and develop creative problem and computational thinking skills with a click-and-drag programming tool.

Wednesday: June 28, 4:30 - 5:30 p.m.

ROCK RIVER BRANCH

KID FIRESTOPPER

AGES 5 - 9 *Program Room*

Presented by the American Red Cross. A fun, interactive fire safety program that teaches children how to prevent home fires and what to do in a fire.

Tuesday: May 9, 7:00 - 7:30 p.m.

HOME ALONE

AGES 5 - 12 *Program Room*

Presented by the American Red Cross. How to deal with strangers, what to do if an emergency happens, how to call 9-1-1, and how to respond to specific emergencies.

Tuesday: June 13, 7:00 - 7:30 p.m.

ROCKTON CENTRE

W.H.A.L.E. TALES (WATER HABITS ARE LEARNED EARLY)

AGES 5 - 12 *Program Room*

Basic lessons about swimming safety.

Wednesday: May 10, 7:00 - 7:30 p.m.

ADVENTURES WITH BUILDING BLOCKS

AGES 2 - 5 *Program Room*

Young children will play construction with wooden blocks and Mega Bloks to enhance their motor skills.

**Wednesdays: May 17, 31, June 28
10:00 - 11:00 a.m.**

FIRST AID FOR LITTLE PEOPLE (FALP)

AGES 5 - 12 *Program Room*

Presented by the American Red Cross. Teaches children basic first aid and safety skills including how to get help, how to stay calm in an emergency, what to do in case of a fire, and how to control bleeding.

Wednesday: June 14, 7:00 - 7:30 p.m.

MAIN LIBRARY

TWEEN SCENE

AGES 8 - 12 *Little Theatre*

Mingle with other tweens to play video games, board games, or make a unique craft while enjoying provided snacks.

**Tuesdays: May 9, 23, June 6, 6:00 - 7:00 p.m.
Tuesday: June 20, 3:00 - 4:00 p.m.**

ART CAFE

AGES 6 - 10 *Little Theatre*

Each week we will offer new projects for you to make and take home.

Mondays: June 5 - July 31, 1:00 - 2:00 p.m.

EXPLORER CAFE

AGES 5 - 10 *Little Theatre*

Join in the fun as we explore different projects all designed around Science, Technology, Engineering, Art and Math (STEAM) concepts!

Thursdays: June 8 - June 29, 1:00 - 2:30 p.m.

CRAZY 8s MATH CLUB

AGES 5 - 8 *Auditorium*

Bedtime Math's Crazy 8s is a recreational club that helps kids enjoy the math behind their favorite activities. It is strongly encouraged for participants to attend all 8 sessions.

**Mondays: May 1, 8, 15, 22; June 5, 12, 19
3:30 - 4:30 p.m.**

Registration Required

EAST BRANCH

MOTHER'S DAY FUN

AGES 5 - 12 *Friends Community Meeting Room*

Join us as we celebrate all the wonderful things about moms! We'll read stories, make a craft, and have fun.

Saturday: May 6, 10:00 - 10:45 a.m.

Registration Required

FABULOUS FATHER FUN!



AGES 4 - 8 *Friends Community Meeting Room*

We will build a project with dad to take home. Hosted by Home Depot.

Saturday: June 17, 10:00 - 11:00 a.m.

Registration Required

MULTIPLE LOCATIONS

MAKERS: LEGO MASTERS

AGES 6 - 12

Show off your mad skills by completing our monthly challenge. Lego Masters visits a different Library each month; check the online calendar for events at other locations.

Montague Branch / Connie Lane Room

Tuesdays: May 2, June 6, 4:00 - 5:30 p.m.

Lewis Lemon Branch / Library

Tuesdays: May 9, June 13, 4:00 - 5:30 p.m.

Rock River Branch / Program Room

Tuesdays: May 16 - June 20, 4:00 - 5:30 p.m.

Main Library / Auditorium

Thursday: June 15, 4:00 - 5:00 p.m.

East Branch / Friends Community Meeting Room

Tuesday: June 27, 4:00 - 5:00 p.m.

SATURDAY SPECTACULARS

Join us Saturday mornings for special guest performers, stories, crafts and more for the whole family! Unless noted, all programs are held in the Main Library Little Theatre. **11:00 - 11:45 a.m.**

UNUSUAL ANIMALS

Saturday: May 6

MOMS ARE MAGNIFICENT!

Saturday: May 13

WACKY WEATHER

Saturday: May 20

THREE LITTLE PIGS PUPPET SHOW

Auditorium
Saturday: May 27

DOWN AND DIRTY

Saturday: June 10

FATHERS ARE FABULOUS!

Saturday: June 17

WE ALL SCREAM FOR ICE CREAM!

Saturday: June 24

FAMILY PROGRAMS

MAIN LIBRARY

MAY THE FOURTH BE WITH YOU

ALL AGES *Auditorium*

Celebrate Star Wars Day with this special storytime! Star Wars costumes are encouraged, but not required. May the force be with you.

Thursday: May 4, 4:00 - 5:00 p.m.

POKÉMON LEAGUE

ALL AGES *Auditorium*

Bring your own DS/3DS and Pokémon games or Pokémon TCG cards (or borrow ours!) to battle for prizes.

**Tuesdays: May 9, 16, June 6, 20
5:30 - 7:30 p.m.**

Registration Required

WEE WILD ONES: A TODDLER READ AND PLAY TIME

AGES 1 - 3 *Auditorium*

We will share stories, play easy games, have free play time, and a snack - all based on animal fun! Please no older siblings.

Saturday: June 24, 2:00 - 3:00 p.m.

Registration Required

HEALTHY HAVEN: CHEMICAL FREE LIVING IN YOUR HOME

AGES 10 - 99 *Classroom A*

Thinking of going to a chemical free lifestyle? Then this is the perfect opportunity to learn how to do that.

Saturday: May 13, 1:30 - 2:30 p.m.

ROCK RIVER BRANCH

MAKERS: ARTS AND CRAFTS

AGES 3 - 10 *Program Room*

Stop in and let your imagination go wild to create some amazing arts and crafts!

**Tuesdays: May 23, 30, June 27
4:00 - 5:30 p.m.**

MULTIPLE LOCATIONS

PRIDE MONTH: DIVERSE FAMILIES STORYTIME

AGES 2 - 10

Help us celebrate Pride Month at your library by attending this storytime that encourages acceptance and understanding of the array of families seen in our community today.

Main Library / Little Theatre

Thursday: June 8, 6:30 - 7:00 p.m.

Rock River Branch / Program Room

Tuesday: June 20, 6:00 - 7:00 p.m.

East Branch / Friends Community Meeting Room

Wednesday: June 28, 6:00 - 7:00 p.m.

ESPECIALLY FOR SENIORS

MONTAGUE BRANCH

FALL PREVENTION

AGES 50 & OVER *Connie Lane Room*

Come find out how you can prevent falls. Presented by Oak Street Health.

Thursday: May 25, 1:00 - 1:45 p.m.

AARP SMART DRIVER COURSE

AGES 55 & OVER *Connie Lane Room*

This is an updated 8 hour course for drivers over age 50 and may qualify you for an auto insurance reduction. \$15.00 for AARP members or \$20.00 for non-members.

**Wednesday and Thursday:
May 31 & June 1, 1:00 - 5:00 p.m.**

Registration Required

ROCK RIVER BRANCH

HEALTHY SUGARS

AGES 55 & OVER *Program Room*

Join us in partnership with Oak Street Health and learn how sugars play a major impact on various health factors including diabetes, arthritis, and heart disease.

Friday: May 19, 2:00 - 2:45 p.m.

MULTIPLE LOCATIONS

THE As, Bs, Cs, AND Ds OF MEDICARE: UNDERSTANDING YOUR MEDICARE CHOICES

AGES 50 & OVER

Rockton Centre Branch / Program Room

Mondays: May 8, June 12, 3:00 - 5:00 p.m.

Rock River Branch / Program Room

Wednesdays: May 17, June 21, 1:30 - 3:00 p.m.

Montague Branch / Connie Lane Room

Thursdays: May 25, June 29, 2:30 - 4:00 p.m.

Friends Community Meeting Room

Wednesday: June 7, 5:30 - 7:30 p.m.

Registration Required

HEALTHY EATING

AGES 50 & OVER

It's never too late to explore how to eat healthy without having to spend a lot of time or money. Presented by Oak Street Health.

Montague Branch / Connie Lane Room

Thursday: May 11, 1:00 - 1:45 p.m.

Rockton Centre Branch / Program Room

Monday: June 19, 4:00 - 4:45 p.m.

KICK YOUR BRAIN INTO HIGH GEAR



AGES 55 & OVER

Seniors, come socialize and have fun with crossword puzzles, Sudoku, and other games that will help you train your brain to stay sharp and fit.

Rockton Centre Branch / Program Room
Mondays: May 15, June 19, 2:00 - 3:00 p.m.

Rock River Branch / Program Room